

# Dr. Amina

## Aitsi-Selmi MD PhD

Award winning Author and  
Coach to Changemakers



As the Founder of The Sanctuary and an Executive and Career Coach to purpose-driven doctors, directors and CEOs, Dr. Amina Aitsi-Selmi is on a mission to liberate human power to address urgent 21st Century Challenges. She supports changemakers to reduce stress, reclaim their power and make their bigger impact.

Prior to 2016, Amina's career spanned frontline medicine in a warzone, health policy development for the UK and advisory to the United Nations on sustainable development. You can download a free chapter from her award-winning book **The Success Trap: Why Good People Stay in Jobs They Don't Like and how to Break Free** at [www.doctoramina.com](http://www.doctoramina.com)

### Topics of interest

- Navigating uncertainty and systemic stress
- Preparing and taking a big career leap
- Developing an Entrepreneur-Leader mindset

### Connect with Amina

- ✉ [amina@doctoramina.com](mailto:amina@doctoramina.com)
- 🌐 [LinkedIn](#)
- 📺 [YouTube channel](#)

I LOVED the event. Highly recommended for deep training and development.

**Dr Amber Sadiq, Lead Psychiatrist and Founder**

More than an oxygen bottle, Amina's talk fuelled our hope to revitalise the company.

**Alain Tsi, COO, M&A, Société Générale**

Wow. What an amazing coming together of minds. One of the best events I've been to in 25 years.

**David Nicholl, Accountant**

Amina is highly competent and able to create a unique space. I have seldom experienced such respectful and effective work. - **Claudia, Organisational Coach, HSBC**

### Past speaking engagements:

